

## NASU Swimming Database

### RECORDS NASU Short Cour

#### SC Meters-Women

8 & U	50 Free	39.74	<b>5-Oct-12</b>	DOL	Tiana Esslinger	NASU SC Gala 4 2012
	50 Breast	49.15	<b>10-Apr-10</b>	NSA	Yara Hierath	Gala 6
	100 IM	1:35.59	<b>10-Apr-10</b>	NSA	Yara Hierath	Gala 6
	200 IM	3:48.24	<b>5-Oct-12</b>	DOL	Tiana Esslinger	NASU SC Gala 4 2012
	200 Free Relay	3:03.33	<b>18-Sep-09</b>	NASU	NASU 2009 Best time	Hierath, Oberholzer, Stergiadis, Weber
	200 Medley Relay	3:37.87	<b>18-Sep-09</b>	NASU	NASU 2009 Best time	Oberholzer, Hierath, Weber, Stergiadis
9-10	100 Breast	1:33.59	<b>3-Sep-10</b>	DOL	Katja Majewski	SC Gala 3&4 2010
	200 Medley Relay	3:01.79	<b>18-Sep-09</b>	NASU	NASU 2009 Best time	Oberholzer, Majewski, Adelaar, Jager
10 & U	200 Free Relay	2:42.62	<b>18-Sep-09</b>	NASU	NASU 2009 Best time	Jager, Adelaar, Majewski, Oberhozer
11-12	200 Free Relay	2:15.54	<b>18-Sep-09</b>	NASU	NASU 2009 Best time	Bader, Borg, Loubser, Deacon
	200 Medley Relay	2:39.27	<b>18-Sep-09</b>	NASU	NASU 2009 Best time	Borg, Bader, Deacon, Loubser
13-14	1500 Free	19:41.12	<b>9-Jun-12</b>	DOL	Gabriella Liebenberg	Gala 1 8/9 June 2012
	200 Free Relay	1:59.76	<b>18-Sep-09</b>	NASU	NASU 2009 Best time	Cloet, Briedenhann, Meadon-Torbitt, Beukes
	200 Medley Relay	2:18.78	<b>18-Sep-09</b>	NASU	NASU 2009 Best time	Meadon-Torbitt, Schalken, Briedenhann, Cloete
15-16	800 Free	9:46.35	<b>13-Apr-13</b>	DOL	Gabriella Liebenberg	NASU SC Gala 4 2013 Record Set

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**RECORDS NASU Short Cour****SC Meters-Men**

9-10	50 Free	32.16	<b>18-Jul-08</b>	DOL	Alexander Skinner	
11-12	200 Free Relay	2:09.53	<b>18-Sep-09</b>	NASU	NASU 2009 Best time	Skinner, Neumann, Visser, Adelaar
13-14	200 Free Relay	1:54.91	<b>18-Sep-09</b>	NASU	NASU 2009 Best time	Winkler, Lamprecht, Peens, Brock
	200 Medley Relay	2:12.92	<b>18-Sep-09</b>	NASU	NASU 2009 Best time	Hecht, Winkler, Peens, Brock
Open	50 Breast	29.56	<b>18-Jul-08</b>	NSA	Rory Buck	